



**Chat Transcript for NGCP Webinar:  
STEM, Health, and Mental Health**  
February 9, 2021

Marisa Garcia (she/her): Welcome, everyone! Feel free to share resources and ask questions here in the chat.

Kyle Buse: Kyle Buse - Salem, Oregon

Kata Lucas (she/her): <https://ngcproject.org/>

Kata Lucas (she/her): [www.theconnectory.org](http://www.theconnectory.org)

Kata Lucas (she/her): [www.fabfems.org](http://www.fabfems.org)

Kata Lucas (she/her): <https://www.ifthenshecan.org/>

Daniel Hatcher, he/him/his: HI everyone.

Sarah Snider-Montana Science Center : Hi (again), Daniel!

Lorene: Hi Daniel!

Daniel Hatcher, he/him/his: :) Hi Sarah!

Kata Lucas (she/her): Daniel's twitter handle: @hatchdw

Lorene: Thank you to all of the presenters for being here!

Marisa Garcia (she/her): Yes, we are thrilled to have these great speakers :)

Kata Lucas (she/her): <https://www.healthiergeneration.org/>

Christina Johnson: yes

Lemonica Frazier: yes

Jennifer Beach- Covington, KY (she/her): Yes

Lisa Sanchez: Yes

Sarah Snider-Montana Science Center : yes as of this morning!

Lorene: yes

Jessica Hay (she/her): Yes

Carly Hernández Bobadilla: yes

Margaret Hart: yes

Kata Lucas (she/her): <https://www.healthiergeneration.org/campaigns/kohls-healthy-at-home>

Kata Lucas (she/her): <https://www.gatewayoutdoors.org/>

Kirstin -- KRL: Yes

Sophie Saint Georges: Are your mentors volunteers or paid employees? Wondering what your retention is like and whether each mentor mentors 1 student over the course of one year or a few years

Sprague Nadav: We have volunteers. It is a yearlong commitment and retention is high for following years

Sprague Nadav: Thank you for that question :)

Sophie Saint Georges: That's great!

Meghan Curry: Have you all built your own outdoor STEM curriculum? Are there any opensource platforms to share this type of curriculum? We're about to develop our own and would be happy to share trade ...

Lucas (she/her): Thank you Meghan, we will get to your question soon!

Kayla.Bowman: I love my indoor herbs! So fun to watch them grow.

Josh: How do you promote equity in your work?

Sophie Saint Georges: How do you recruit or advertise your program? Are you

Tidwell: When talking about nutrition, how do you address that in an equitable way? I like the idea...

Sophie Saint Georges: Oops sorry! ^second part of that question was going to be Are you in classrooms talking about your opportunities or using electronic means of getting the word out?

Kata Lucas (she/her): No problem. We have your questions :)

Connie Kelly: How do you handle areas like electrical engineering where there are not real translations to the out of doors except for transmission lines and traffic control?

Marisa Garcia (she/her): Speakers will be sharing some resource after the Q&A too!

Meghan Curry: thanks!

Sprague Nadav: nadav@gatewayoutdoors.org

Colleen King: I have to leave the meeting early, where can I get the resources that will be shared later?

Sophie Saint Georges: Thanks so much!

Sophie Saint Georges: Love using The Connector for advertising!

Kata Lucas (she/her): The resources will live on the NGCP event web page and you will get an email with the link

Colleen King: Fabulous! Thank you for holding this talk, this was so cool and informative!

Sophie Saint Georges: Walk barefoot on grass <3

Reily Catherine Savenetti: Walking barefoot!

Daniel Hatcher, he/him/his: I love the rainbow walk!

Sprague Nadav: Smell a flower!

Jennea Noel: Hike!

Daniel Hatcher, he/him/his: getting away from the computer :)

Reily Catherine Savenetti: Drawing in nature, noticing plants and insects, taking photos

Perri Edwards, she/her: Biking riding!!

Tamitha Tidwell: Planting starts for this summer.

Jennifer Beach- Covington, KY (she/her): yoga! reading outdoors, walking barefoot in the grass, birding, butterflies, stars, plants

Alicia (she/her): reading in the sun

Lorene: I love reading outside or by a window. I love to hike, run, snowshoe on the mountain

Lisa Sanchez: Our district is currently in a distance learning model. The Library shares a virtual field trip each week and it's often at National Parks or other nature related trips around the world.

Yanet Lopez: Growing food from scraps or growing plants from avocado pits

Dorian Romero Morris: Design a nature journal

Marie Chuntz: Yoga, reading outdoors, talking photos

Sophie Saint Georges: Balance - equilibrium

Jennifer Beach- Covington, KY (she/her): talk about simple machines (inclines)

Sarah Fox: I find grounding with stones or rocks helpful for MH, coping

Lisa Sanchez: Simple machines could be a number of elements

Kirstin -- KRL: Walking in the local parks.

Ellen Esposito: change in heart rate

Connie Kelly: momentum getting over barrier

Sophie Saint Georges: forces

01Heidi Tingey: pull and push.force

Jennifer Beach- Covington, KY (she/her): geography

Jennifer Beach- Covington, KY (she/her): environmental/urban design

Daniel Hatcher, he/him/his: great ideas!!!

Kayla.Bowman: Nature Bingo: <https://api.healthiergeneration.org/resource/469>

Sophie Saint Georges: This will be a great activity to kick off our virtual camps!

Daniel Hatcher, he/him/his: Awesome Sophie

Lisa Sanchez: Thank you everyone!

Kimberly Bridges: Thank you!

Daniel Hatcher, he/him/his: reach out if you need anything!  
Daniel.Hatcher@healthiergeneration.org

Sophie Saint Georges: Love the exhibit idea GGO! Thank you all

Kayla.Bowman: BINGO basado en la naturaleza:  
<https://api.healthiergeneration.org/resource/724>

Kirstin -- KRL: This has been wonderful--you've all been fantastic! Thank you for this interesting and informative event!

Kata Lucas (she/her): Here is the survey link: <https://ngc2018.typeform.com/to/o5O9zxXi>

Jennifer Beach- Covington, KY (she/her): Thank you!

Lorene: Thank you so much!

Tamitha Tidwell: Thank you!